



3061 BRICKHOUSE COURT, STE 107

VIRGINIA BEACH, VA 23452

757.491.2598

VITALITY757.COM ✓ SUPPORT@VITALITY757.COM

### Intake for Prepubescent Minor

Today's Date: \_\_\_\_\_

First Name: \_\_\_\_\_ MI: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Referred By: \_\_\_\_\_

Birth date: \_\_\_\_\_ Age: \_\_\_\_\_ Place of Birth: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Sex \_\_\_\_\_ Guardian Name: \_\_\_\_\_

Email address: \_\_\_\_\_

Best Contact Number: (\_\_\_\_\_) \_\_\_\_\_ is this cell, home, or work?

Secondary Contact Number: (\_\_\_\_\_) \_\_\_\_\_ is this cell, home, or work?

Is it ok to send you appointment reminders via text message? Y N

Children under 18 are considered minors in the state of Virginia. Please sign to authorize treatment for your child in your absence. (eg: child brought to appointment by grandparent, babysitter.)

I, \_\_\_\_\_ authorize for my child, \_\_\_\_\_ to receive  
(guardian print name) (child print name)  
medical treatment from Dr. Janine Lex and staff in my absence.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please rank current & ongoing problems by priority and fill in the other boxes as completely as possible.

DESCRIBE PROBLEM	MILD/ MODERATE/ SEVERE	TREATMENT APPROACH	SUCCESS
<b>Example:</b> Post Nasal Drip	Moderate	Elimination Diet	Moderate
a.			
b.			
c.			

DR. JANINE LEX

A FUNCTIONAL MEDICINE PRACTICE

# MEDICATIONS & SUPPLEMENTS

PLEASE LIST ALL CURRENT **PRESCRIPTION** MEDICATIONS

NAME	STRENGTH	HOW MANY	HOW OFTEN / WHEN
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

PLEASE LIST ALL **OVER THE COUNTER** MEDICATIONS

NAME	STRENGTH	HOW MANY	HOW OFTEN / WHEN
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

PLEASE LIST ALL CURRENT **VITAMINS & SUPPLEMENTS**

NAME	STRENGTH	HOW MANY	HOW OFTEN / WHEN
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

CHECK FOR YES

\_\_\_\_\_ HAVE YOU HAD PROLONGED OR REGULAR USE OF NSAID'S? (ADVIL, ALEVE, MOTRIN, ASPIRIN, TYLENOL, ECT)

\_\_\_\_\_ HAVE YOU HAD PROLONGED OR REGULAR USE OF ANTIBIOTICS

\_\_\_\_\_ HAVE YOU HAD PROLONGED OR REGULAR USE OF STEROIDS? (PREDNISONE, NASAL ALLERGY INHALERS)



# MEDICAL HISTORY

CHECK IF APPLY (EITHER PAST OR CURRENT)

<input type="checkbox"/>	ASTHMA	<input type="checkbox"/>	ELEVATED BLOOD SUGAR (PRE-DIABETIC)
<input type="checkbox"/>	CHRONIC BRONCHITIS	<input type="checkbox"/>	DIABETES (YOUTH ONSET, TREATED WITH INSULIN)
<input type="checkbox"/>	EMPHYSEMA (COPD)	<input type="checkbox"/>	DIABETES (ADULT ONSET, TREATED WITH DIET)
<input type="checkbox"/>	PULMONARY HYPERTENSION	<input type="checkbox"/>	DIABETES (ADULT ONSET, TREATED WITH INSULIN)
<input type="checkbox"/>	CHRONIC SINUSITIS	<input type="checkbox"/>	OBESITY
<input type="checkbox"/>	PNEUMONIA	<input type="checkbox"/>	OVERWEIGHT
<input type="checkbox"/>	SLEEP APNEA	<input type="checkbox"/>	UNDERWEIGHT
<input type="checkbox"/>	TUBERCULOSIS	<input type="checkbox"/>	ANOREXIA
<input type="checkbox"/>	BLOOD PRESSURE	<input type="checkbox"/>	BULIMIA
<input type="checkbox"/>	HIGH BLOOD PRESSURE	<input type="checkbox"/>	LOW THYROID (HYPOTHYROIDISM)
<input type="checkbox"/>	LOW BLOOD PRESSURE	<input type="checkbox"/>	HASHIMOTO'S THYROIDITIS
<input type="checkbox"/>	BLOOD CLOTS	<input type="checkbox"/>	HIGH THYROID (HYPERTHYROIDISM)
<input type="checkbox"/>	HEMOPHILIA	<input type="checkbox"/>	THYROID NODULES
<input type="checkbox"/>	FACTOR V LEIDEN	<input type="checkbox"/>	GRAVES DISEASE
<input type="checkbox"/>	CORONARY ARTERY DISEASE	<input type="checkbox"/>	GOITER
<input type="checkbox"/>	HEART ATTACK	<input type="checkbox"/>	STROKE
<input type="checkbox"/>	CONGESTIVE HEART FAILURE	<input type="checkbox"/>	MIGRAINES
<input type="checkbox"/>	CORONARY ARTERY BLOCKAGE	<input type="checkbox"/>	SEIZURES
<input type="checkbox"/>	CAROTID ARTERY STENOSIS	<input type="checkbox"/>	ADD / ADHD
<input type="checkbox"/>	ARRHYTHMIA	<input type="checkbox"/>	BRAIN INJURY / CONCUSSION
<input type="checkbox"/>	HIGH CHOLESTEROL	<input type="checkbox"/>	DEPRESSION
<input type="checkbox"/>	HIGH TRIGLYCERIDES	<input type="checkbox"/>	HISTORY OF SUICIDE ATTEMPTS
<input type="checkbox"/>	REFLUX (HEARTBURN)	<input type="checkbox"/>	ANGER MANAGEMENT PROBLEMS
<input type="checkbox"/>	STOMACH ULCERS	<input type="checkbox"/>	BIPOLAR DISORDER
<input type="checkbox"/>	GALL BLADDER DISEASE	<input type="checkbox"/>	POST-TRAUMATIC STRESS DISORDER
<input type="checkbox"/>	LIVER DISEASE	<input type="checkbox"/>	ARTHRITIS
<input type="checkbox"/>	IBS	<input type="checkbox"/>	RHEUMATOID ARTHRITIS
<input type="checkbox"/>	CROHN'S DISEASE	<input type="checkbox"/>	GOUT (ARTHRITIS)
<input type="checkbox"/>	ULCERATIVE COLITIS	<input type="checkbox"/>	OSTEOPENIA (WEAKENING BONES)
<input type="checkbox"/>	CELIAC DISEASE	<input type="checkbox"/>	OSTEOPOROSIS (WEAK BONES)



# MEDICAL HISTORY

CHECK IF APPLY (EITHER PAST OR CURRENT)

<input type="checkbox"/>	HIV
<input type="checkbox"/>	HEPATITIS
<input type="checkbox"/>	HERPES
<input type="checkbox"/>	MONONUCLEOSIS (CMV)
<input type="checkbox"/>	EPSTEIN-BARR VIRUS
<input type="checkbox"/>	MULTIPLE SCLEROSIS
<input type="checkbox"/>	LUPUS SLE
<input type="checkbox"/>	CHRONIC FATIGUE SYNDROME
<input type="checkbox"/>	FIBROMYALGIA
<input type="checkbox"/>	BREAST CANCER
<input type="checkbox"/>	PROSTATE CANCER
<input type="checkbox"/>	TESTICULAR CANCER
<input type="checkbox"/>	COLON CANCER
<input type="checkbox"/>	SKIN CANCER
<input type="checkbox"/>	LUNG CANCER
<input type="checkbox"/>	BLADDER CANCER
<input type="checkbox"/>	KIDNEY CANCER
<input type="checkbox"/>	THYROID CANCER
<input type="checkbox"/>	PANCREATIC CANCER
<input type="checkbox"/>	LYMPHOMA CANCER
<input type="checkbox"/>	LEUKEMIA CANCER
<input type="checkbox"/>	OTHER CANCER
<input type="checkbox"/>	ECZEMA
<input type="checkbox"/>	HIVES
<input type="checkbox"/>	ATHLETE'S FOOT
<input type="checkbox"/>	PSORIASIS
<input type="checkbox"/>	ACNE
<input type="checkbox"/>	VITILIGO
<input type="checkbox"/>	ENLARGED PROSTATE
<input type="checkbox"/>	IMPOTENCY TREATMENTS

LEFT BLANK INTENTIONALLY

## SURGICAL HISTORY

TYPE _____	YEAR _____
TYPE _____	YEAR _____
TYPE _____	YEAR _____
TYPE _____	YEAR _____
TYPE _____	YEAR _____
TYPE _____	YEAR _____
TYPE _____	YEAR _____
TYPE _____	YEAR _____





3061 BRICKHOUSE COURT, STE 107

VIRGINIA BEACH, VA 23452

757.491.2598

VITALITY757.COM ✓ SUPPORT@VITALITY757.COM

## Notification of Privacy Practices **Signature Required on Page 2**

**In accordance with the Health Insurance Portability and Accountability Act of 1996, as of April 14, 2003 all health care providers are required to provide their patients and have on file a 'Notice of Privacy Practice' statement.**

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Janine Lex Chiropractic & Acupuncture LLC (dba Vitality!) is required, by law, to maintain the privacy and confidentiality of your protected health information and to provide our patients with notice of our legal duties and privacy practices with respect to your protected health information.

### **Disclosure of Your Health Care Information**

#### **Treatment**

We may disclose your health care information to other healthcare professionals within our practice for the purpose of treatment, payment or healthcare operations.

#### **Workers' Compensation**

We may disclose your health information as necessary to comply with State Workers' Compensation Laws.

#### **Emergencies**

We may disclose your health information to notify or assist in notifying a family member, or another person responsible for your care about your medical condition or in the event of an emergency or of your death.

#### **Public Health**

As required by law, we may disclose your health information to public health authorities for purposes related to: preventing or controlling disease, injury or disability, reporting child abuse or neglect, reporting domestic violence, reporting to the Food and Drug Administration problems with products and reactions to medications, and reporting disease or infection exposure.

#### **Judicial and Administrative Proceedings.**

We may disclose your health information in the course of any administrative or judicial proceeding.

#### **Law Enforcement.**

We may disclose your health information to a law enforcement official for purposes such as identifying or locating a suspect, fugitive, material witness or missing person, complying with a court order or subpoena, and other law enforcement purposes.

#### **Deceased Persons.**

We may disclose your health information to coroners or medical examiners.

#### **Organ Donation.**

We may disclose your health information to organizations involved in procuring, banking, or transplanting organs and tissues.

---

DR. JANINE LEX

A FUNCTIONAL MEDICINE PRACTICE

# Notification of Privacy Practices

## Public Safety.

It may be necessary to disclose your health information to appropriate persons in order to prevent or lessen a serious and imminent threat to the health or safety of a particular person or to the general public.

## Reminders.

We may contact you for appointment reminders and rescheduling.

## Change of Ownership.

In the event that Janine Lex Chiropractic & Acupuncture LLC is sold or merged with another organization, your health information/record will become the property of the new owner.

## Your Health Information Rights

- You have the right to have your health information received or communicated through an alternative method or sent to an alternative location other than the usual method of communication or delivery, upon your request.
- You have the right to inspect and copy your health information.
- You have a right to request that Janine Lex Chiropractic & Acupuncture LLC amend your protected health information. Please be advised, however, that Janine Lex Chiropractic & Acupuncture LLC is not required to agree to amend your protected health information. If your request to amend your health information has been denied, you will be provided with an explanation of our denial reason(s) and information about how you can disagree with the denial.
- You have a right to receive an accounting of disclosures of your protected health information made by Janine Lex Chiropractic & Acupuncture LLC .
- You have a right to a paper copy of this Notice of Privacy Practices at any time upon request.

## Changes to this Notice of Privacy Practices

Janine Lex Chiropractic & Acupuncture LLC reserves the right to amend this Notice of Privacy Practices at any time in the future, and will make the new provisions effective for all information that it maintains. Until such amendment is made, Janine Lex Chiropractic & Acupuncture LLC is required by law to comply with this Notice.

Janine Lex Chiropractic & Acupuncture LLC is required by law to maintain the privacy of your health information and to provide you with notice of its legal duties and privacy practices with respect to your health information.

## **This notice is effective as of March 11, 2008.**

I have read the Privacy Notice and understand my rights contained in the notice. By way of my signature, I provide Janine Lex Chiropractic & Acupuncture LLC with my authorization and consent to use and disclosed my protected health care information for the purposes of treatment, payment and health care operations as described in the Privacy Notice

\_\_\_\_\_  
Patient's Name (print)

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Authorized Facility Signature

\_\_\_\_\_  
Date



3061 BRICKHOUSE COURT, STE 107  
VIRGINIA BEACH, VA 23452  
757.491.2598

VITALITY757.COM ✓ SUPPORT@VITALITY757.COM

## Financial Policy

**Vitality! is a cash practice.** Payment for services is due as services are rendered. Credit card, cash, and check are accepted forms of payment. We have incorporated several payment options:

1. **Pay Per Visit.** When services are rendered
2. **Care Credit.** Financing through GE provides you with several interest-free payment plans for simple monthly payments over 6 or 12 months.
3. **Prepayment.** A prepayment of \$1500 entitles you to 10% off all services in the office.

### Cancellations

**Any appointment missed or cancelled with less than 24 hours notice is subject to a missed appointment fee** equal to that of the scheduled appointment time.

### Insurance

1. **Vitality! does not process any form of insurance.** If you are a patient of Dr. Lex, following your visit you will be provided with a sales receipt (superbill) of services rendered which you may personally submit to your insurance provider. The superbill has the procedural and diagnostic codes insurance companies require for claims.
2. All insurance companies and policies differ, and are in a constant state of flux. Our office is "out-of-network" with most companies. **WE DO NOT GUARENTEE ANY FORM OF REIMBURSEMENT ON SUBMITTAL.**
3. **We do not participate with any state or federal Medicare or Medicaid plan.**

**Our goal is your health and wellness.** Insurance is an incomplete system that can limit the doctor's ability to spend adequate time with the patient, and provide the best care for each individual.

Signing below indicates that you understand and agree to abide with the Financial Policy of Vitality!

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(if patient is a minor, guardians signature)

Please check this box if you would like a copy of this document

DR. JANINE LEX

A FUNCTIONAL MEDICINE PRACTICE



3061 BRICKHOUSE COURT, STE 107

VIRGINIA BEACH, VA 23452

757.491.2598

VITALITY757.COM ✓ SUPPORT@VITALITY757.COM

## *Minor Medical Authorization Form*

*You may leave this blank if not applicable.*

Children under 18 are considered minors in the state of Virginia.  
Please sign to authorize treatment for your child in your absence.

(eg: child brought to appointment by grandparent, babysitter, drives themselves.)

I, \_\_\_\_\_ authorize for my child, \_\_\_\_\_  
(guardian print name) (child print name)

to receive medical treatment from Dr. Janine Lex and staff in my absence.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_





3061 BRICKHOUSE COURT, STE 107

VIRGINIA BEACH, VA 23452

757.491.2598

VITALITY757.COM ✓ SUPPORT@VITALITY757.COM

If we need to acquire records, test results, or x-rays from **other** health organizations, they are legally required to receive this signed form from us.

This form **does not** allow us to release your information to any other source.

## Authorization for the Release of Information

TO: \_\_\_\_\_

I, the patient, hereby authorize the release of all medical records to Dr. Janine Lex, and authorize communication with other healthcare practitioners concerning my care. This includes x-rays, MRI's, and laboratory results.

\_\_\_\_\_  
Patient (or guardian) Signature

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date

### Requesting Physician

Dr. Janine Lex

3061 Brickhouse Court, Ste 107

Virginia Beach, VA 23452

Ph. 757.491.2598 Fax: 757.493.3980

support@JanineLex.com

**ALL PATIENT INFORMATION IS HANDLED UNDER THE HIPPA PRIVACY ACT  
CONFIDENTIAL / HIPPA-Approved Form**

DR. JANINE LEX

A FUNCTIONAL MEDICINE PRACTICE



3061 BRICKHOUSE COURT, STE 107  
VIRGINIA BEACH, VA 23452  
757.491.2598

VITALITY757.COM ✓ SUPPORT@VITALITY757.COM

**We require this form to be signed and on file.  
Please complete even if you do not receive Medicare benefits.**

I, \_\_\_\_\_, acknowledge that Janine Lex Chiropractic & Acupuncture (dba *Vitality!* Functional Medicine) has informed me that Medicare will not be billed by this office for any service provided in this office. Dr. Janine Lex is not a Medicare Provider.

**I agree that I will not bill Medicare for any of my services provided in this office.**

**I do / do not** receive Medicare benefits.  
(circle one)

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Witness: \_\_\_\_\_

2019

DR. JANINE LEX

---

A FUNCTIONAL MEDICINE PRACTICE